

## Resources from Region 7 Tribal Behavioral Health Summit

This list is a compilation of tribal behavioral health resources identified during the Region 7 Tribal Behavioral Health Summit. The Summit occurred October 26-27, 2022 in Dakota Dunes, South Dakota. All resources are from publicly available sites.

Resource (w/URL)	Description	Keywords	Type
<i>Tribal Specific Resources</i>			
<a href="#">TLOA</a>	Legislation focused on tribal autonomy. It also requires interagency coordination and collaboration between the Department of Justice (DOJ), the Department of the Interior (DOI), and the Department of Health and Human Services (HHS) to simplify funding and reporting processes for tribes.	Legislation	Legislation
<a href="#">SAMHSA's Tribal Technical Advisory Committee (TTAC)</a>	To enhance the government-to-government relationship and to honor the Federal trust responsibilities and obligations to Tribes and American Indian and Alaska Native people.	Advisory Committee	Advisory Committee
<a href="#">The National Tribal Behavioral Health Agenda (TBHA)</a>	A collaborative tool providing a framework for collaboration and building common understanding of issues related to tribal communities. Coordinated by SAMHSA but developed with the collective wisdom of tribal leaders. Is currently in the process of being updated.	Framework	Strategic framework
<a href="#">SAMHSA's Office of Tribal Affairs and Policy</a>	Primary point-of-contact with SAMHSA for Tribes, Tribal organizations, and other partners of Tribal behavioral health.	Agency Point-of-Contact	SAMHSA Office
<a href="#">Tribal Action Plan (TAP) Guidelines</a>	SAMHSA document to help tribes in development of strategic plans.	Strategic Planning	Guidance Document
<a href="#">Tribal Opioid Response Resource Toolkit</a>	A webpage by the National Indian Health Board which serves as a repository of videos, documents and grant opportunities related to tribal opioid needs.	Opioids	Web repository
<a href="#">SAMHSA's Tribal Opioid Response Grants</a>	Grants to support tribal communities in addressing the opioid epidemic through expansion of medication-assisted treatment (MAT) and harm reduction efforts (e.g., Narcan). Also covers stimulant use.	Funding Resource, Opioid	Grant
<a href="#">Tribal Opioid Response Resource Guide 2022</a>	Provides resources across the following domains: administrative, mental health, prevention, stigma and trauma	Opioid	Resource Guide
<a href="#">SAMHSA's Native Connections Grants</a>	Native Connections grants support tribes in reducing suicidal behavior and substance use among Native youth up to age 24.	Funding Resource	Grant
<a href="#">SAMHSA's Circle of Care Grants</a>	Grant specific to tribal communities related to severe emotional disturbances and other mental health needs of children and youth.	Funding Resource	Grant

<a href="#">One Sky Center</a>	National Resource Center for American Indian and Alaska Native Health, Education and Research. It is dedicated to quality health care across Indian Country including health promotion.	Mental Health Promotion	Resource Center
<a href="#">To Live To See the Great Day That Dawns</a>	Developed by SAMHSA for community-based suicide prevention and mental health promotion plans for American Indian and Alaska Native teens and young adults.	Suicide	Manual
<a href="#">Kansas Serves Native American Families</a>	A family skills program with a focus on the unique developmental needs of children.	Family skills program	Website
<b><i>General Resources</i></b>			
<a href="#">Crisis Now Model</a>	Model for crisis services providing someone to call, someone to come out and see you and some place to go.	Framework	Model
<a href="#">SAMHSA's Recovery Support Resources and Tools</a>	A resource page with tools and resources for recovery. Has info related to the peer workforce.	Recovery	Webpage
<a href="#">SAMHSA's Harm Reduction Webpage</a>	Includes the TA center as well as strategies and grants related to harm reduction. The Cherokee Nation has a program.	Harm Reduction	Webpage
<a href="#">SAMHSA 988 Toolkit</a>	Communication outreach materials for promoting and socializing the new 988 call-line.		Toolkit
<a href="#">Opioid Response Network</a>	Free technical assistance from SAMHSA to provide local consultants to provide resources and training in the prevention, treatment and recovery of opioid use disorders and stimulant use. Has an Indigenous Community Workgroup.	Opioids	Technical Assistance
<a href="#">First Responders-Comprehensive Addiction and Recovery Support Services Act Grant</a>	SAMHSA grant providing resource and training to first responders related addressing the opioid epidemic. The Yurok Tribe and Cherokee Nation of Oklahoma have grants.	First Responder, Opioids	Grants
<a href="#">HRSA Loan Repayment Program</a>	To expand the behavioral health workforce, HRSA offers new graduates student loan repayments for serving in underserved areas (including tribal communities). They also <a href="#">offer scholarships</a> .	Loan Repayment	Website
<a href="#">Rural Emergency Medical Services Training Grant</a>	To recruit and train EMS personnel in rural areas with a particular focus on addressing mental and substance use disorders. Copper River Native Association and Tule River Indian Health Center have grants.	Rural	Grant
<a href="#">Rural Communities Opioid Response Program (RCORP)</a>	HRSA program that provided grants to address immediate overdose needs in rural communities.	Rural Opioids	Grant Program

<a href="#">Rural Opioid Technical Assistance (ROTA) grants</a>	Technical assistance on the unique challenges of rural communities in addressing the opioid epidemic.	Rural Opioids	Technical Assistance
<a href="#">Infant and Early Childhood Mental Health Program</a>	SAMHSA grant to improve outcomes for children from birth up to 12 years of age by developing, maintaining, or enhancing infant and early childhood mental health promotion, intervention, and treatment services. The Ponca Tribe of Nebraska has a grant.	Maternal and early childhood mental health	Grant
<a href="#">Garrett Lee Smith State/Tribal Youth Suicide Prevention program</a>	Grants to address suicide in schools, institutions of higher education, educational institutions, juvenile justice systems, substance use and mental health programs, foster care systems, and other child and youth-serving organizations.	Youth Suicide	Grant
<a href="#">Midwestern Public Health Training Center</a>	Provides TA to Iowa, Kansas, Missouri, and Nebraska. Helps to improve public health by strengthening the technical, scientific, managerial, and leadership competencies of the public health workforce.	TA	TA Center
<a href="#">Zero Suicide Toolkit</a>	Research, tools and videos for implementing the Zero Suicide framework.	Suicide	Toolkit
<a href="#">Health Equity Advancement Lab (HEAL)</a>	Through Iowa's College of Public Health, a program to promote health equity through community engaged research.	Equity	Program
<a href="#">Integrated Health Scholars Program</a>	Coordinated by Kansas State University, a curriculum designed to increase the supply of social work professionals prepared to provide high-quality integrated behavioral health services in rural and other high-need communities in Kansas and western Missouri.	Integrated Health	Training
<a href="#">Red Ribbon Week</a>	The oldest and largest drug prevention program and a way for people and communities to take a visible stand against drugs.	Prevention	Event
<b><i>Theda New Breast Keynote</i></b>			
<a href="#">Native Wellness Institute</a>	Run by Theda New Breast, the Institute promotes the well-being of Native people through programs and trainings that embrace the teachings and traditions of our ancestors. Programs include the Healing our Community Trainings and <a href="#">Wednesday's Native Wellness Power Hours</a> (on Facebook).	Trainings that embrace cultural traditions	Training Institute
<a href="#">Kainai Wellness Centre</a>	From the Blood Tribe in Alberta, Canada. Programs include trauma informed approaches to wellness that culture, traditions, and language, in all program areas.	Cultural traditions	Wellness Center
<a href="#">Healing Our Spirit Worldwide</a>	The gathering is an opportunity for original peoples who have a history of colonial impact to share knowledge, wisdom, learning and experiences. These new and old teachings will foster relationships, understandings and new opportunities – and in doing so they will reinforce our resilience as Indigenous peoples.	Conference	Conference (every 4 years)

<a href="#">Two-Spirit Annual Conference</a>	Provides a safe, healthy, drug and alcohol-free environment. Its purpose is to encourage all people to heal the damage wrought by racism, sexism, ageism, colonialism, ableism, transphobia, generational trauma and homophobia and the negative impacts these have on health.	Conference, LGBTQI+	Conference
<b><i>Community Readiness Model</i></b>			
<a href="#">Changing to Thrive</a>	Book by James Prochaska explaining the 6 dimensions of the Change model.	Training (book)	Book
<a href="#">Community Readiness for Tribes</a>	Three part video series developed by SAMHSA focused on Community Readiness among Tribes related to behavioral health.	Community Readiness	Video series
<a href="#">Community Readiness Manual on Suicide Prevention in Native Communities</a>	Assessing community readiness for change and increasing community capacity for suicide prevention. Creating a climate that makes healthy community change possible.	Suicide Prevention	Manual
<a href="#">The Tribal Behavioral Risk Factor Surveillance System (BRFSS) Toolkit</a>	Data from the national BRFSS for AI/AN populations is limited because of the small sample size which requires states to combine several years of data to get meaningful AI/AN data. Some tribes or tribal healthcare teams now conduct their own regional BRFSS which uses the same questions but provides more robust data related to tribal communities.	Data	Data
<a href="#">Tools to Assess Community Readiness to Prevent Substance Misuse</a>	Developed by SAMHSA'S Center for the Application of Prevention Technologies, the document lists different toolkits to be used to assess community readiness and the dimensions that are targeted in each instrument.	Community Readiness. Assessment tools	List of instruments
<b><i>Transgenerational Trauma</i></b>			
<a href="#">Maria Yellow Horse Brave Heart</a>	Expert on historical collective trauma particularly focused on tribal communities. Has webinars online.	Historical Trauma	Expert
<a href="#">Culturally Centering Medications for Opioid Use Disorder with American Indian and Alaska Native Communities</a>	A formative research study to test a culturally-centered, program-level implementation intervention to increase the use of medications for opioid use disorder in four healthcare and addiction specialty treatment sites serving American Indian and Alaska Native communities.	Opioids	Clinical Trial
<a href="#">National Household Survey on Drug Use and Health (NHSDUH)</a>	Annual Survey provides up-to-date information on tobacco, alcohol, and drug use, mental health and other health-related issues in the United States.	Data	Data
<a href="#">Motivational Interviewing</a>	An evidence-based counseling approach for eliciting behavior change by helping clients to explore and resolve ambivalence.	EVP Counseling Approach	Resource

<a href="#">Daniel Siegel</a>	Expert in interpersonal neurobiology which is the study of interdisciplinary approaches for finding common principles from within their often disparate approaches to understanding human experience.	Interdisciplinary approaches	Theory
<a href="#">Adverse Childhood Experiences (ACES) Study</a>	Kaiser Permanente/CDC study identifying correlations between child trauma and adverse adult health outcomes.	Child Trauma	Framework
<a href="#">Reaching for Health Equity</a>	CDC infographic.	Health Equity	Infographic
<b><i>Leveraging Peers</i></b>			
<a href="#">The Community Health Worker Core Consensus Project</a>	To expand cohesion in the field and to contribute to the visibility and greater understanding of the full potential of Community Health Workers (CHWs) to improve health, community development, and access to systems of care.	Community Health Workers	Program
<a href="#">Peer Recovery Now</a>	A Center of Excellence to enhance the field of peer recovery support services. It is led by those with lived experience.	Peers	Center of Excellence
<a href="#">National Health Coach Pilot Project</a>	This IHS pilot project includes two cohorts of 50 participants. Eligible participants include community and health care professionals working across tribal communities and clinical settings who provide health information and patient education to Native patients and communities.	Training	Pilot Training Program
<b><i>Evidence-Based Models and Traditional Healing Practices for Psychotherapy</i></b>			
<a href="#">SAMHSA's Tribal Training and Technical Assistance (TTA) Center</a>	Technical Assistance Center for behavioral health needs specific to tribal communities.	TA	TA
<a href="#">Medication-Assisted Treatments (MAT) for Opioids</a>	Website providing background on effectiveness, where to find providers and how providers can be waived to treat opioids using MAT.	Opioids	Evidence-based treatment
<a href="#">Trauma- Informed Care in Behavioral Health Practices</a>	Manual for behavioral health professionals on the impact of trauma. Discusses patient assessment and treatment planning strategies as well as strategies to support recovery and the development of a trauma-informed care workforce.	Trauma	Manual
<a href="#">Drum Assisted Recovery Therapy for Native Americans (DARTNA)</a>	The use of drumming as therapy for behavioral health.	Tribal-specific treatment approach	Manual
<a href="#">Reclaiming Youth at Risk</a>	Provides trainings targeting youth. Developers of the <a href="#">Circles of Courage framework</a> .	Youth	Trainings
<a href="#">Gathering of Native Americans (GONA)</a>	A culture-based planning process where community members gather to address community-identified issues. It uses an interactive approach that empowers and supports AI/AN tribes.	Planning	Planning process

	The GONA approach reflects AI/AN cultural values, traditions, and spiritual practices. Curriculum go into the communities rather than with outside facilitators		
<a href="#">SAMHSA's Behavioral Health Services for American Indians and Alaska Native TIP 61</a>	A primer for working with individuals who identify with American Indian and Alaska Native cultures. It presents culturally adapted approaches for the prevention and treatment of addiction and mental illness, as well as counselor competencies for providing behavioral health services to American Indians and Alaska Natives.	Tribal-specific treatment approaches	Manual
<a href="#">Cultural Teachings</a>	A series of webinars from the Oaye Iuta okalakiciye meant to teach youth about their culture as a protective factor.	Youth. Cultural identity	Webinars
<b><i>Social Determinants</i></b>			
<a href="#">Infographic on Health Disparities of AI/AN</a>	Highlights increased suffering of AI/AN communities for health conditions compared to non-Hispanic Whites.	Health disparities	Infographic
<a href="#">Learning from Pandemic Responses Across Indian Country</a>	Peer-journal article reviewing responses from Tribes related to preventive and mitigation efforts related to the pandemic	Social Determinants	Article
<a href="#">2022 Indigenous Wellness Summit</a>	Provides Final Report and Recommendations.	Youth	Report
<a href="#">Universal Declaration on the Rights of Indigenous Peoples (UNDRIP)</a>	Defines indigenous rights.	Rights	Declaration
<a href="#">Elements of a Healthy Tribal Community</a>	Strategy developed from tribal convenings on the characteristics of healthy tribal communities.	Framework	Final Report
<a href="#">From Silos to Circles</a>	SAMHSA webinar on building strong collaborations in the AI/AN communities.	Collaborations	Webinar
<a href="#">Sovereignty and improved outcomes for American Indians</a>	This essay is part of <a href="#">Boosting Wages for U.S. Workers in the New Economy</a> , a compilation of 10 essays from leading economic thinkers who explore alternative policies for boosting wages and living standards, rooted in different structures that contribute to stagnant and unequal wages.	Wages	Essay
<a href="#">25 Years of the Native American Housing and Self Determination Act</a>	Essay on the impact of the Native American Housing and Self-Determination Act (NAHASDA).	Housing	Essay

<a href="#">Partnership to Address Social Determinants of Health</a>	Discussion on how Community-academic partnerships can improve addressing social determinants of health needs.	Partnerships	Article
<b><i>Teens and Mental Health</i></b>			
<a href="#">It's Real: Teens and Mental Health</a>	Webpage for the American Foundation for Suicide Prevention which provides resources including how to talk to teens about mental health. Also a component for college students.	Suicide, Youth	Webpage
<a href="#">The Trevor Project</a>	Suicide lifeline for LBGTQI+ youth.	Suicide, Youth, LBGTQI+	Website and hotline
<b><i>Creating a Resilient Organization for Health Care Workers</i></b>			
<a href="#">Health Worker Burnout—Current Priorities of the U.S. Surgeon General</a>	Lays out recommendations that the whole-of-society can take to address the factors underpinning burnout, improve health worker well-being, and strengthen the nation's public health infrastructure.	Health Worker Burnout	Report
<a href="#">Areas of Worklife Survey (AWS)</a>	Burnout Assessment Inventory,	Health Worker Burnout	Survey Instrument
<a href="#">Muffin Rage</a>	Editorial about how organizations miss the mark on addressing burnout.	Burnout	Editorial
<a href="#">December 2022 Institute for Healthcare Improvement Forum</a>	Theme for this year's forum is about workforce well-being.	Burnout	Conference
<a href="#">Zeroing in on Xyzaline</a>	November 30, 2022 training on Xylazine, a CNS depressant, which has been linked to an increasing number of overdose deaths in the US.	Opioids	Training