



GREAT PLAINS BEHAVIORAL HEALTH
DIRECTOR'S ASSOCIATION



DIVISION OF BEHAVIORAL HEALTH
GREAT PLAINS AREA
INDIAN HEALTH SERVICE

2022 Great Plains Behavioral Health Conference

AGENDA

September 20, 21, 22, 2022

(All times in Mountain Standard Time)

This conference has been approved for **20.0** Continuing Education hours for psychologists across indicated sessions in red.

TUESDAY, SEPTEMBER 20, 2022

	Session	Event	Presenter/Moderator	Tract
8:15AM – 8:30AM		Participant Login Welcome and Introductions	All participants Beau Boryca MSE, LMHP/LADC Association President Karen Severns, PsyD IHS Area Behavioral Health Director	General Session
9:00AM – 11:00AM	1	The Implementation of Post Traumatic Growth Approaches using Cultural Enhanced Evidence Based Protocols (2.0 Hours)	Dolores Subia Bigfoot, PhD Faculty Oklahoma University Health Science Center	General Session
11:00AM - 12:30PM	2	A Way Forward: Healing through Lakota/Dakota Lifeways (1.5 Hours)	Tasha Peltier, MPH, CPH Co-Executive Director Mni Wichoni Health Circle Alayna Eagleshield, MPH Co-Executive Director Mni Wichoni Health Circle	BH Professional
11:00AM - 12:30PM		Trauma and the Aftermath (1.5 Hours)	Ryan Santin, MD Physician, Bryan Heartland Psychiatry/Avel eCare	Residential/Support
11:00AM - 12:30PM		Trauma Informed Care in Behavioral Health Services	Ellen Durkin CSW-PIP, QMHP Clinical Social Worker Trauma Informed Provider Lower Brule Sioux Tribe Jessica Shaffer, CSW-PIP, QMHP Lower Brule Natural Helpers	Prevention/Epi/SWK
12:30PM - 1:00PM		Lunch		
1:00PM - 2:30PM	3	Introduction to EMDR Practices (1.5 Hours)	Kelly Reiner, PsyD Staff Psychologist, Joint Base Charleston, Air Base - Brian Reiner, PsyD Clinical Psychologist, PHS	General Session

2:30PM - 3:30PM	4	Street drug recognition and prevention for tribal youth	Chris Cuestas, B.A. Consultant/Subject Matter Expert National Violence Prevention Resource Center	BH Professional
2:30PM - 3:30PM		Stress from Illness and Wellness: A Trigger affecting Sobriety (1.0 Hour)	Darla McCloskey, MPH, BSN, MCGHE, CRCS-I, FAC-COR II Commander USPHS Deputy Director Great Plains Area Regional Drug Dependency Unit	Residential/Support
2:30PM - 3:30PM		Addressing Opioid Use and Health Equity through Implementation Science – Perspectives from Providers and AI/AN Patients. (1.0 Hour)	Angel Vasquez, PhD, Project Director, Clinical Research Associate University of New Mexico	Prevention/Epi/SWK

WEDNESDAY, SEPTEMBER 21, 2022

	Session	Event	Presenter/Moderator	Tract
8:30AM – 9:00AM		IHS Division of Behavioral Health updates	Karen Severns, PsyD IHS Area Behavioral Health Director Bobbi Jo Peltier, Deputy Director	General Session
9:00AM – 11:00AM	1	Nagi Gluwasaka Pi (Strengthening the Spirit)	Sina Ikioku Win (Takes the Robe Woman), Ethleen Iron Cloud-Two Dogs, MS	General Session
11:00AM - 12:30PM	2	Tribal Opioid Response Grantee Success Stories	Meg Schneider, B.A. Program Coordinator University of Iowa, AI/AN ATTC Native Center for Behavioral Health	BH Professional
11:00AM - 12:30PM		Lakota Enhanced Motivational Interviewing	Ed Parsells, BS Owner/Consultant NATIVE Care	Residential/Support
11:00AM - 12:30PM		Caring Contacts: A Strengths-Based Suicide Prevention Intervention to Promote Connection (1.5 Hours)	Kate Comtois, PhD, MPH Clinical Psychologist, Professor University of Washington	Prevention/Epi/SWK
12:30PM - 1:00PM		Lunch		
1:00PM - 2:30PM	3	Treating the Combat Warrior: A Comparison of three Evidenced based Treatments (1.5 Hours)	Elizabeth F. Copeland, Maj., USAF, BSC, LCSW, BCD, US Air Force – Behavioral Health Flight Commander Joint Base Charleston Air Base, SC	General Session
2:30PM - 3:30PM	4	Using the Medicine Wheel for ASAM-based Substance Abuse Treatment Assessment	Kathy Tomlin, PhD., LPC Independent Consultant University of Iowa – AI/AN ATTC	BH Professional
2:30PM - 3:30PM		Behavioral Health Integration in a Primary Care Clinic (1.0 Hour)	Katana (Kat) Jackson, CSW-PIP, QMHP, BCD – Lieutenant USPHS Woodrow Wilson Keeble Memorial Health Care Center	Residential/Support
2:30PM - 3:30PM		Intergenerational Complex Trauma: From Chromosomes to Community, Through Chaos and Colonialism (1.0 hour)	Arielle Deutsch, PhD Research Scientist, Assistant Professor - Avera Research Institute SD School of Medicine	Prevention/Epi/SWK

THURSDAY, SEPTEMBER 22, 2022

	Session	Event	Presenter/Moderator	Tract
8:45AM – 9:00AM		Updates – Housekeeping	Beau Boryca Associate President	General Session
9:00AM – 11:00AM	1	Innovative Stress Management (2.0 Hours)	Neil Tucker, M.Ed., EMT Managing Partner, 5PWD, LLC Lt. Brian F. Reiner, PsyD Clinical Psychologist, PHS	General Session
11:00AM - 12:30PM	2	Legal Navigation: The Criminal Justice System with MMIW/MIP cases	Chris Cuestas, BA Consultant/Subject Matter Expert National Violence Prevention Resource Center	BH Professional
11:00AM - 12:30PM		A Silent Epidemic: Sexual Violence against Men and Boys	Lenny Hayes, MA Executive Director Tate Topa Consulting, LLC	Residential/Support
11:00AM - 12:30PM		CBT for Insomnia (1.5 hours)	Maggie Gsell, PhD Clinical Health Psychologist Hunter Holmes McGuire VA Medical Center	Prevention/Epi/SWK
12:30PM - 1:15PM		Duane Mackey Award “Creating Bridges and Culturally adopting western science”	Kamilla Venner, PhD Associate Professor University of New Mexico Award Recipient	
1:15PM - 2:30PM	3	Macaroni at Midnight	Dr. Don Bartlette Public Speaker/Author	General Session
2:30PM – 3:30PM	4	Trafficking in Tribal Communities: The Red Sand Project (1.0 Hour)	Melita “Cheppa” Rank, DSW, LCSW Victim Specialist Coordinator BIA-OJS	BH Professional
2:30PM – 3:30PM		ETHICS – Behavioral Health and Substance Use Services (1.0 hour)	Karen Severns, PsyD., MSW, LCSW, ACADC, ICAADC, C.C.M. IHS Area Behavioral Health Director Joshua Severns, MSW, LCSW, ACADC Marimm Health Medical Center	Residential/Support
2:30PM - 3:30PM		CBT for Chronic Pain (1.0 hour)	Maggie Gsell, PhD Clinical Health Psychologist Hunter Holmes McGuire VA Medical Center	Prevention/Epi/SWK

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- 1. The Implementation of Post Traumatic Growth Approaches using Cultural Enhanced Evidenced-based Protocols (2.0 hours), Instructional level – Introductory**
Instructor: Dolores Subia Bigfoot, PhD
Objectives:
 - 1). Gain an understanding and can identify post traumatic growth enhancement,
 - 2). Gain an understanding and can identify the cultural enhancement of an evidenced based protocol,
 - 3). Gain an understanding and can identify theories that drive the cultural enhancements,
 - 4). Observe the modification of select components of TFCBT

- 2. A Way Forward: Healing Through Lakota/Dakota Lifeways (1.5 Hours), Instructional level – Introductory**
Instructor: Tasha N. Peltier, MPH; Alayna Eagleshield. MPH
Objectives:
 - 1) Understand the role of historic policy on the health and well-being of Indigenous communities today.
 - 2) Identify strength based approaches to wellness that focus on protective factors.
 - 3) Describe the importance of culturally sustaining approaches within indigenous communities.

- 3. Trauma and the Aftermath (1.5 hours), Instructional level – Intermediate**
Instructor: Ryan Santin, MD
Objectives:
 - 1). Describe 3 key aspects of basic hypnosis theory and technique,
 - 2). Explain differences between demonstrations of hypnotic technique and phenomena,
 - 3). Identify 2 differences between acute and chronic pain.

- 4. Introduction to EMDR Practices (1.5 hours), Instructional level – Intermediate**
Instructor: Brian Reiner, Psy.D; Kelly Reiner, Psy.D
Objectives:
 - 1). Describe the foundation of EMDR
 - 2). Enumerate the potential benefits of using EMDR in clinical practice with under-served populations.
 - 3). Describe the implications of clinical usage to address trauma.

- 5. Stress from Illness and Wellness: A Trigger Effecting Sobriety (1.0 Hour), Instructional level – Intermediate**
Instructor: Darla McClosky, MPH, BSN, MCGE
Objectives:
 - 1). Identify the connection between stress and substance abuse in the American Indian population.
 - 2). Identify the effects of social, environmental and historical trauma on the American Indian population leading to increase stress and substance abuse.

- 6. Addressing Opioid Use and Health Equity Through Implementation Science: Perspectives from Providers and American Indian/Alaska Native Patients (1.0 Hour), Instructional level – Introductory**
Instructor: Angel Vasquez, PhD
Objectives:
 1. Describe barriers and facilitators to health equity in health systems
 2. Describe key aspects of implementation science
 3. Identify cultural considerations for implementing medications for opioid use disorder in American Indian and Alaska Native serving clinics.

- 7. Caring Contacts: A Strength-based Suicide Prevention Trial in 4 Native Communities, (1.5 hours), Instructional level - Introductory**
Instructor: Kate Comtois, PhD, MPH
Objectives:
1). Describe the caring principles of Caring Contacts
2). Discuss the process and results of the Caring Contacts cultural adaptation
- 8. Treating the Combat Warrior: A Comparison of Three Evidence Based Treatments (1.5 Hours), Instructional Level – Intermediate**
Instructor: Elizabeth F. Copeland, LCSW, BCD
Objectives:
1. Identify at least three barriers to providing PTSD treatment to active duty members.
2. Identify at least one pro and one con to implementing the three PTSD treatments with a military population.
3. Explain at least one key difference between each of the PTSD treatments described.
- 9. Behavioral Health Integration in a Primary Care Clinic (1.0 Hour), Instructional level – Introductory**
Instructor: LT Katana Jackson, CSW-PIP, QMHP, BCD
Objectives:
1. Describe behavioral health integration.
2. Identify three benefits to behavioral health integration.
- 10. Intergenerational Complex Trauma: From Chromosomes to Community, Through Chaos and Colonialism (1.0 hour), Instructional level – Introductory**
Instructor: Arielle Deutsch, PhD
Objectives:
1). Identify the biological, psychological, social, and societal mechanisms of intergenerational trauma, and how these impact development and maintenance of trauma over time.
2). Describe parallels between individual-level intergenerational trauma and community experiences of long-term colonialism,
3). Consider strategies for developing resilience and strength on individual and community levels.
- 11. Innovative Stress Management (2.0 Hours), Instructional level – Advanced**
Instructor: Neil C. Tucker, M.Ed., EMT; Brian Reiner, Psy.D
Objectives:
1. Describe the Stress and wellness Cycles and the Key aspects of those practices
2. Explain the Neurosciences of stress as it relates to de-escalation and stress management for patients and providers
3. Identify the attributes of the Triune Brain Model as it relates to the different stages of intoxication.
- 12. CBT for Insomnia (1.5 hours), Instructional level – Introductory**
Instructor: Maggie Gsell, PhD
Objectives:
1). Describe at least two criteria for clinical insomnia,
2). Explain how stimulus control can help to improve sleep,
3). Demonstrate how improving sleep efficiency may improve negative mood states.
- 13. Trafficking in Tribal Communities (1 Hour), Instructional level – Introductory**
Instructor: Melita Rank, DSW, CSW, QMHP
Objectives:
1. Identify potential risk factors and vulnerabilities associated with human trafficking.
2. How to utilize art to start conversations to raise awareness.
3. Provide two action items individuals can do to recognize and respond.

14. Ethics: Behavioral Health and Substance Use Services (1.0 hour), Instructional level – Intermediate

Instructor(s): Karen Severns, PsyD., MSW, LCSW, ACADC, ICAADC, C.C.M. & Josh Severns, MSW

Objectives:

- 1). Define general concepts at the core of virtual ethical behavioral health practice.
- 2). Review the Trarasoff case, duty to report, informed consent, confidentiality and evolution of telehealth services.
- 3). Assess telehealth ethical scenarios and explore ethical decision making.

15. CBT for Chronic Pain (1.0 hour), Instructional level – introductory

Instructor: Maggie Gsell, PhD

Objectives:

- 1). Identify two differences between acute and chronic pain.
- 2). List at least one common pain thought endorsed by patients in chronic pain.
- 3). Demonstrate three behavioral strategies for managing chronic pain.

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content. This event is co-sponsored by the University of Nebraska Public Policy Center.

The Great Plains Behavioral Health Association ID #1060 is approved as a provider for continuing education by the: South Dakota Board of Social Work Examiners. Social Workers will receive up to (18 hours) Continuing education clock hours for participating in this course.

The MP-ATTC are Co-Sponsors for this conference. MP-ATTC are approved Educational Providers with the National Association of Alcoholism and Drug Abuse Counselors (NAADAC) and have approved this conference for up to 18 hours of CEUs.